



“creating a village in the city”

Please Contact Us

We are located in the community room at
Kortright Hills Public School
23 Ptarmigan Drive Guelph, ON N1C 1B5
519.837.0974 khng@bellnet.ca

Our Boundaries

North – Downey and Niska Rd from Hanlon to Waterfowl Park;
East – Hanlon Expressway; **West** – City Limits;
South West – City Limits to Downey Rd;
South East – Teal Dr from Downey to Hanlon.

Fall 2009 issue

Visit us on the Web: www.khng.ca

Fall is here!



THANKYOU - 'MOVIE IN THE PARK' - A Huge Success

KHNG would like to thank everyone for a fantastic **'Movies in the Park'** event on August 17th. Our feature presentation **"The Princess Bride"** was enjoyed by all, the weather was perfect and we had over 300 in attendance. What a great evening for everyone! Kortright Hills Neighbourhood Group would also like to thank our sponsors: Fusion Homes for the Bouncy Castle, Starlight Drive Inn for setting up the Movie screen and surround sound, IRIS Optometrists & Opticians, Tri-Star Trading Importer-Wholesale Distributor, Hasty Market, Pizza La Villa and to all our Volunteers for helping with set-up, distributing of snacks, clean up and tear down. Thank-you all for making this a memorable evening for our community. Let us know if you are interested in helping plan another Movie Event.

***** Call for Volunteers *****

Dear Friends and Neighbours,

The success of the Kortright Hills Neighbourhood Group (KHNG) is based on the hard work of our community volunteers. Working together to improve the quality of life in our neighbourhood through programs for children and adults.



In the last several years we have had many successes to celebrate including:

- Partnering with our local Scout group (26th Guelph) to create the largest (and we think, most active) youth group in the City of Guelph
- A natural skating rink at Mollison Park
- WinterFest celebrations in partnership with the 26th Guelph Scout Group

- Extremely well attended Holiday Socials at the Empress of India
 - Strong environmental citizens with our annual Earth Day 'Green Up' of our green spaces (thanks again to the 26th Guelph Scouts)
 - And various Workshops.

Please Consider getting involved.

Our group usually meets monthly on the **3rd Thursday** of the month at **7:00 pm** in the community room (side entrance of KHPS) to

discus and plan all upcoming events.

NOTE: OUR NEXT MEETING IS CHANGED TO OCT. 22ND, 2009 @ 7:00 PM. ON THE AGENDA: PLANNING FOR THE "HOLIDAY SOCIAL".

Minutes are posted on our website www.khng.ca. All are welcome to join or participate in any way you can.





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Welcome!

If you are new to the neighbourhood, we extend a warm welcome to you and your family! Please consider joining us for our regular monthly meetings to help plan social & recreational events.

Thank You!

A special 'thanks' goes to all of our volunteers and community partners, especially The Empress of India, Kortright Hills Public School, Pizza La Villa, Hasty Market and the City of Guelph. Your support for our neighbourhood is greatly appreciated!

Stay

To get email updates of our neighbourhood events delivered right to your inbox, please send your request to khng@bellnet.ca.

Informed:

Also watch for the A-frame signs telling you that new information is posted on our website.

Fall Programs and Events!

Photo Club: Welcomes new members who are interested in digital photography to meet in the community room at Kortright Hills PS the **first Monday of each month** at 7:00pm. Contact Doug Johnson for more information: 519.821.4533.

NEW THIS FALL: Please join the **KORTRIGHT PLAY GROUP** for a free drop in program for parents/caregivers and children aged 0-6 Monday mornings 9:30 to 11:30 am beginning September 14, 2009 at the Community Room, Kortright Hills Public School. Activities will include: Crafts, Story Time, Songs, Games and Free Play. Please note that this group is not subsidized. Snacks will not be provided. To volunteer to assist with the group or for further information, contact Sharon at 519-265-2747 or by email at sschaj@hotmail.com.



Home Daycare Support Group: If you are providing child care in your home in our neighbourhood, come to the community room on **Wednesday mornings from 9:30-11:30** to meet with other caregivers and children. Call Carmel at 519.837.3351.

Scouts: Register now for 2009/2010 Scouting Year! Do you enjoy camping, making new friends, developing leadership skills and much more? If so, the **26th Scout Group** has spaces available for all ages for the fall scouting programs: Beavers ages 5-7 meet Mondays 6:30-7:30; Cubs ages 8-10 meet Wednesdays 7:00-8:30; Scouts ages 11-14 meet Tuesdays 7:00-8:45; Ventures ages 14-17 meets Mondays 7:00-9:00. The above scouting programs meet at Kortright Hills Public School. Leone 519.821.6948 or email 26thguelph@w.scouters.ca.

SCOUTSabout

Afterschool Programming: KHNG regrets to inform you that SCOUTSabout has been postponed until January. We were unable to get a Student volunteer to run the program Monday and Wednesday from 3:20 pm to 5:20 pm afterschool. We are hoping to run SCOUTSabout in January, more information will be posted on our website, look for details. If you have any questions please contact Leone by e-mail khng@bellnet.ca or call 519.837.0974.

Mark your calendars for these fun 2009

Neighbourhood Meetings:

- KHNG Social/Meeting October 22nd @ 7pm. Planning meeting for our next event "Holiday Social".
- KHNG Social/Meeting November 19th @ 7pm
- KHNG Social/Meeting December 17th @ 7pm. Planning for WinterFest

Visit KHNG website for up to date events: www.khng.ca



**WATCH YOUR E MAIL FOR MORE
DETAILS ABOUT THE
HOLIDAY SOCIAL IN DECEMBER**



WE WELCOME YOUR PARTICIPATION & NEED YOUR HELP

Can you help us continue to deliver social and recreational programs for our community? In the coming months we are seeking your assistance with:

- Planning and implementing our Holiday Social and Winterfest
- Planning family night activities in the school gym
- Hosting our website
- Becoming a leader with our Scout Group.

If these or similar opportunities are of interest to you, please contact us today at khng@bellnet.ca or 519.837.0974

Mark your calendars and plan to join us to plan our next social/recreational event:

Next KHNG Meeting/Social date:

Thursday October 22nd, 2009

**Please consider getting involved with YOUR
Neighbourhood Group**

7:00 pm in the Community Room

All Welcome!

ADVERTISEMENT

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unique
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eyes

RECEIVE
\$100 CASH BACK
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Until Nov 30th, 2009.

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Clairfield Commons
5 Clair Road West
519.763.7383
Dr. Patrick Guaid & Dr. Daniela Bugasou, Optometrists
Also in Uptown Waterloo

IRIS
OPTOMETRISTS - OPTICIANS
iris.ca

Question: What makes IRIS different?

Traditionally in Ontario, the process of getting your eyeglasses started by going to see an optometrist, then taking a written prescription to an optical store where an optician would fill the prescription by helping you select frames and lenses. If you were interested in Laser Surgery you would have to choose from the various Laser Surgery centres and make an appointment to see an Ophthalmologist for a consultation. IRIS is the alternative to this traditional model. At an IRIS location one can have their eyes examined by a Doctor of Optometry, who can not only check your eye health and write a prescription for glasses or contacts, but will also determine if you are a candidate for Laser Eye Surgery. Following the examination the Optometrist introduces you to an Optician (in the same location) in order to advise you on what frame style and lens technology will best suit your prescription and your needs. The IRIS model is based on the co-operation between eye care professionals under the same roof, and within the same network to provide high quality care. This model of open collaboration and integration of services is one that is encouraged by the Ontario Ministry of Health and Long Term Care, who recognizes that jumping from one professional to the next in different locations may not be the best way to deliver quality efficient eye care. IRIS is the first company in Ontario to adopt this way to take care of eye care needs of patients. IRIS is a Canadian owned company and has 164 practice locations and 2 surgical centres across Canada partnering and associating with 280 optometrists, 238 opticians and 6 ophthalmologists. As a proud Canadian company IRIS prefers dealing with Canadian suppliers for its advanced technology equipment, designer fashion frames and high quality lenses. All prescription eyewear is backed by comprehensive written warranties on incidental damage and adaptation issues to newly issued prescriptions. These warranties are honoured at any IRIS location in the network across Canada. IRIS is also the only eye care company that awards Airmiles reward miles on product purchases.

Kortright Hills
-Your Neighbourhood Group

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Question: I have both a distance and a near prescription. Can I wear contacts or have laser eye surgery?

Answer: Absolutely. There are many more vision correction options available today that were not available 5-10 years ago. For example, better contact lens designs are available for patients with both distance and near prescriptions that are more comfortable and have better optics than contact lens designs of the past. Previous methods such as “monovision correction” (basically one eye corrected for near and one eye corrected for distance) are becoming less common and multifocal contact lenses, which allow for more natural vision, are become a more popular option with both doctors and patients. Laser eye surgery is also following suit, with a presbyopia procedure now being also available for patients who have both a distance and near prescription (and are showing no signs of cataracts). Not everyone is a candidate for laser eye surgery but your optometrist will advise you if you are a suitable candidate or not.

