



"creating a village in the city"

Please Contact Us

We are located in the community room at
Kortright Hills Public School
 23 Parmigan Drive Guelph, ON N1C 1B5
519.837.0974 khng@bellnet.ca www.khng.ca

Our Boundaries

North – Downey and Niska Rd from Hanlon to Waterfowl Park - North to Stone Road
East – Hanlon Expressway;
West – City Limits;
South West – City Limits to Downey Rd;
South East – Teal Dr. from Downey to Hanlon.

January 2014 issue

Visit us on the Web: www.khng.ca



KHNG COMMUNITY ICE RINK

We have an ice rink at Mollison Park built by community volunteers for families to enjoy ice skating or ice hockey!!

THANK YOU

to Jason, Chris, Kelly & others who have built & are maintaining our rink daily!!



NEW KHNG/WYNDHAM HOUSE YOUTH DROP IN

FREE Multi-Activity Night

Youth: 8+ Years Old

7:00 pm - 9:00 pm

Kortright Hills Public School Gym

Friday January 10, 2014 & Friday January 24, 2014

All welcome, bring your friends and family for a night of fun

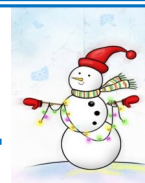
PLEASE BRING NEW IDEAS FOR PROGRAMS IN YOUR COMMUNITY

Snacks will be provided!!



For more info:
steps@wyndhamhouse.org
 519 822 2768

KHNG Annual WinterFest 2014



Sunday February 2, 2014

Mollison Park

1:00 pm—3:00 pm



Join us for Pizza, **FREE** Hot Chocolate, family fun activities that will include snow painting, snow sculpturing, ice skating and other winter activities.

Tell your Family, Friends & Neighbours

Come join the Fun!!!

Want to get involved & volunteer for WinterFest 2014?

Please email:
khng@bellnet.ca



For more information email khng@bellnet.ca or call 519.837.0974 or visit www.khng.ca



Garden Fresh Box



Garden Fresh Box is a non-profit produce buying program that provides you with affordable fresh fruit and vegetables, while supporting local farmers!!
EVERYONE IS WELCOME to participate in the Garden Fresh Program

How it works:

- ⇒ **ORDER** by the first Tuesday of each month
- ⇒ **PICK-UP** on the third Wednesday of the month between 5-7pm
- ⇒ **Typical boxes contains 9-14 vegetables and 2-5 types of fruit**
- ⇒ **LARGE Box \$20, SMALL Box \$15**

WEBSITE:

<http://www.guelphchc.ca/pages/healthy-living/food-health/garden-fresh-box>



KHNG is your local host site
order your Garden Fresh Box Today!!
Email: khng@bellnet.ca



Order and Pick Up Dates:

Order & Pay By:	Pick-Up
Mon Jan 6th	Wed Jan 15th
Tues Feb 4th	Wed Feb 19th
Tues Mar 4th	Wed Mar 19th

KHNG Presents KASP

(Kortright After School Program)

"KHNG Winter Science KASP Program"

Who: Students from *JK — Grade 6

What: 11-week Recreational & Educational After School Program

Where: Kortright Hills Community Room

When: Mon, Tues, Wed & Thurs
 3:20 - 5:30pm
 Jan 6 to Mar 27th, 2014

Cost: \$11 per day
 (cheques payable to Kortright Hills Neighbourhood Group)



Teaming up with the University of Guelph to bring science to KASP through, cooking, crafts, games and active play inside or out

*JK and SK students will be escorted to the community room after school by a KASP staff member.

Parent/Student Volunteers Needed!

Please email if you are able to volunteer in the program for any or all of the sessions.



To register, email Leone at khng@bellnet.ca for a registration form.

Register Now Limited Space Available Monday Only!!



Visit

www.khng.ca

Official KHNG website

Check it out!!

Register and become a member

Our website offers:

Current events	Monthly calendar
Discussion forum	Quarterly newsletters
Minutes of our meetings	
Current programs available	

Become a member, register now!!

Join KHNG on Facebook - surf over to

<http://www.facebook.com/groups/304228836299974/>

and join the group. It's a great place to share ideas, photos and link with other neighbours



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Welcome!

If you are new to the neighbourhood, we extend a warm welcome to you and your family! Please consider joining us for our regular monthly meetings to help plan social & recreational events.

Thank You!

A special 'thanks' goes to all of our volunteers and community partners, 26th Guelph Scouting Group, Kortright Hills Public School and the City of Guelph. Your support for our neighbourhood is greatly appreciated!

Stay

Informed:

To get email updates of our neighbourhood events delivered right to your inbox, please send your request to khng@bellnet.ca.

Also watch for our new A-frame signs telling you that new information is posted on our website.

Winter Programs!



PHOTO CLUB: Welcomes new members who are interested in digital photography to meet in the community room at Kortright Hills PS the **first Monday of each month at 7:00pm.**

Contact Gregg Parsons for more information: 519.824.6107.

NOTE: Next Photo Club Meeting Jan 6, Feb 3 & Mar 3, 2014



HOME DAYCARE SUPPORT GROUP: If you are providing child care in your home in our neighbourhood, come to the community room on **Wednesday mornings from 9:30-11:30** to meet with other caregivers and children. Call Cheryl Campagnolo 519-837-2462 or cheryl.campagnolo@rogers.com for more information.

SCOUTS: Do you enjoy camping, making new friends, developing leadership skills and much more? If so, the **26th Scout Group** is the group for you. Registration is available in all sections for the 2013/2014 scouting year

Beavers ages 5-7 meet Mondays 6:30-7:30

Cubs ages 8-10 meet Wednesdays 6:30-8:00

Scouts ages 11-14 meet Tuesdays 7:00-8:45

Venturer ages 14-17 meet Mondays 7:00-8:45

The above scouting programs meet at Kortright Hills Public School.

Contact 26th Guelph Registrar Leone 519.821.6948 or email

26thguelph@w.scouter.ca for further information.



It starts with Scouts.



neighbourhood
support
coalition

**GUELPH COMMUNITY
NEIGHBOURHOOD
GROUPS!!**

Visit other Neighbourhood Groups in Guelph for community events throughout the city.

Grange Hill East: Email: info@gheng.ca

Hanlon Creek Neighbourhood Group:

hanlon_creek_neighbourhood@yahoo.ca

Two Rivers Neighbourhood Group: www.tworiversng.ca

Downtown Neighbourhood Association: www.guelphdna.ca/ contact

Parkwood Gardens Neighbourhood Group:
www.freewebs.com/parkwoodgardens/

Brant Ave Neighbourhood Group: <http://brantaveng.com/>

Waverley Neighbourhood Group: Phone: (519) 821-9677

Exhibition Park Neighbourhood Group: www.epng.ca

Onward Willow Neighbourhood Group:
www.onwardwillowbetterbeginnings.ca/

Clairfields Neighbourhood Group: (Not Active)
info@guelphneighbourhoods.org

WE WELCOME YOUR PARTICIPATION & NEED YOUR HELP

Can you help us continue to deliver social and recreational programs for our community? In the coming months we are seeking your assistance with:

- * Planning of WinterFest
- * Planning of Earth Day, Plant Swap, BBQ ect...
- * Becoming a leader with our Scout Group
- * Planning other social, recreational events

If these or similar opportunities are of interest to you, contact us today at khng@bellnet.ca
Your help is needed – call or e-mail us today!!

Mark your calendars for these fun 2014 Neighbourhood Events:

KHNG Monthly meeting/social:

Thursday January 16, 2014 Tuesday February 20, 2014
Thursday March 20, 2014

- * Garden Fresh Box Pick Up - Wed Jan 15, Feb 19, Mar 19 2014
 - * KHNG/Wyndham House - Fri Jan 10th & 24th 7-9pm
multi sport drop in night KHPS School Gym
- * KHNG Annual WinterFest - Sun Feb 2, 2014 1-3pm Mollison Park
 - * KHNG Annual Earth Day - D.T.A.
 - * KHNG Annual Plant Swap - D.T.A.

Visit KHNG website for up to date events: www.khng.ca

Consider getting involved with YOUR Neighbourhood Group

Join us the 3rd Thursday of each month at 7:00 pm in the Community Room!



"creating a village in the city"

Daylight Savings Time Begins

Sun Mar 9/14 @ 2:00 AM
clocks are turned
FORWARD 1 hour to
Sun Mar 9/14 @ 3:00 AM
local standard time



Caruso Homeopathic Clinic

Heather Caruso, BSc., DHMS HD

- Bestselling author, holistic nutritionist, orthomolecular practitioner, homeopath
- Voted Diamond in the Guelph Tribune's Readers' Choice Awards 2012



13 years successful practice healing people naturally

- Weight loss, body composition
- Gastrointestinal disorders (acid reflux, diverticulitis, ibs, ibd)
- Autoimmune conditions (lupus, rheumatoid arthritis, guillian barre, nephritis, eczema, cystitis)
- Cardiovascular disease (hypertension, high cholesterol and arteriosclerosis)
- Diabetes/insulin resistance

Sign up for our free e-newsletter for health!

www.carusohomeopathy.com

Guelph 519 827 9237



Heather
Caruso

“Buying my first home was a daunting task, but Linda made it *simple* and *easy*. ”

-Claire Braden

“Without her we would not be in the home we *love* so much today! ”

-Amelia Morris & Clarke Mattany

Get my advice on how to get your home market ready.
For a professional complimentary Market Evaluation call
Linda today at [519-760-0008](tel:519-760-0008) or email at linda@cbn.on.ca

LINDA MAIN | Sales Representative

Discover the benefits of using your neighbourhood realtor

Office: 519.821.3600 | Cell: 519.760.0008 | [@LindaTMain](https://twitter.com/LindaTMain)

Kortright Hills resident
since 1989

**COLDWELL
BANKER**

NEUMANN
REAL ESTATE BROKERAGE

Independently owned and operated



"creating a village in the city"

The Guelph-Wellington Time Bank

Interested in a cash-free economy that rebuilds community, practices social justice and is happening now in Guelph?

Time banking may be for you!

We look forward to sharing time with you!

For more information visit:

www.guelphwellington.timebanks.org

E: gwtb@transitionguelph.org



Free dental care for children aged 17 and under

If you don't have dental insurance and can't afford care, we have free services for your children at Public Health. At our dental clinics, we help children prevent cavities and disease. We also make sure that children with urgent problems get the treatment they need.

For more information about our dental services, call our Dental Line at 1-800-265-7293 ext. 2661 or visit www.wdgppublichealth.ca



Wellington-Dufferin-Guelph Public Health

1-800-265-7293 | www.wdgppublichealth.ca

Info@wdgppublichealth.ca



**THURSDAY
MARCH 20, 2014**

IMMIGRANT SERVICES
Guelph-Wellington



Are you new to Canada?

Do you want to meet new people in your community?

Are you 55+?

If so, then join Immigrant Services – Guelph Wellington for an information session about the programs we offer, such as gentle yoga, computer clubs and everyone's favourite, our monthly community potluck!

We know each neighbourhood is unique and so we are looking for suggestions about activities and supports that you would like to see for older adults in your neighbourhood.

Thursday, February 6th, 6pm -7pm

Community Room, Kortright Hills Public School

Light refreshments will be served

For more information about our current programs contact Rita Esber at resber@is-gw.ca or visit www.is-gw.ca/seniors-events

26th Guelph Scouting Group

**Looking for
volunteers to
help run our
scouting
programs
in the Fall
Beaver Scout
Cub Scout
Scouts
Venturer Scout
Programs**

**If interested
please contact
Paul**

**Schadenberg
Commissioner
26th Scout
Group**

519-821-6948



Want to Advertise in KHNG Quarterly Newsletter:



"creating a village in the city"

KHNG sends an electronic newsletter out four times a year, next issue July 2013. If you wish to advertise your business, a small sponsorship fee will apply. Share your favourite recipe with your neighbours, write an article of interest or if you are a student looking to offer your services (i.e. babysitting, shoveling snow, cutting/raking the lawn) and wish to put your information in our newsletter E-mail khng@bellnet.ca. This is a great way for Kortright Hills Neighbourhood to come together by sharing thoughts, talents and services available, neighbours helping neighbours.

Kortright Hills Classifieds!!



Community Volunteers Needed!!

Volunteers Needed for "KASP" Program

Kortright After School Program need volunteers to assist with this program. KASP runs Mon, Tues, Wed and Thurs, 3:20 to 5:30 pm, students JK to Gr. 6. This would be a perfect opportunity for stay-at-home parents, grandparents and/or high school/university students to give back to the community.

If interested please contact Leone khng@bellnet.ca

26th Guelph Scouting Group

Do you enjoy the outdoors? Do you love to work with children aged 5 to 17? Become a volunteer leader at the 26th Guelph Scouting Group. For further details contact

26thguelph@wellington.on.scouts.ca

26th Guelph Scouting Group

Join The Adventure of 26th Guelph Scouting Group

Interested in joining BEAVERS, CUBS, SCOUTS...

Register now for this scouting year 2013/2014.

The 26th Guelph Scouting Group meets in the school gym at Kortright Hills Public School

Beavers ages 5-7 meet Mondays 6:30-7:30

Cubs ages 8-10 meet Wednesdays 7:00-8:30

Scouts ages 11-14 meet Tuesdays 7:00-8:45

Venturers ages 14-17 meet Mondays 7:00-9:00

For more details contact Leone 519-821-6948 or

26thguelph@wellington.on.scouts.ca



It starts with Scouts.

Kortright Hills Neighbourhood Opportunities

KHNG Community Room

Are you looking for a place to hold a community meeting, start a club, provide a workshop or have an idea for adult or children programs? Would you like to share your time/ideas with the neighbourhood. Call or email KHNG to find our more information or book the community room.

KHNG Electronic Mailing List

Join KHNG mailing list to receive newsletters/posters of recreational and social events within your neighbourhood. Tell your friends and neighbours, call or email Leone to add your email to our electronic list.

Makin' Faces Face Painting/Infinite Body Arts!!

Makin' Faces Face Painting/Infinite Body Arts

Face Painting & body art plus henna, jagua, glitter, belly painting & airbrush tattoos.

With an awards winning & insured Crew of specialty artists we can accommodate events of all sizes from birthday parties to festivals. 519-942-7539 infinitebodyarts@gmail.com or makinfaces@gmail.com



Want to Advertise in KHNG Newsletter

KHNG Newsletters January, April, July and October 2014

Sponsorship Suggested Rate Scale:

Full page ad, graphics, logo and border

\$100.00 for Newsletter

\$50.00 for Website

Half page ad, graphics, logo and border

\$50.00 for Newsletter

\$25.00 for Website

Quarter page ad, graphics, logo and border

\$25.00 for Newsletter

\$15 for Website

Business card size, graphic, logo and border

\$15.00 for Newsletter

\$10.00 for Website

Small word ad, max 15 words, No graphics, FREE

Newsletter advertising helps fund KHNG events.

Advertise in our next newsletter April 2014!!

Local Home Daycare

Boogaloos Home Daycare

Full and Part-time openings available
Children ages 18 months to six years old.
Contact: Brandy at 226-706-6000

www.daycare.boogaloos.ca



Contact KHNG:

www.khng.ca * khng@bellnet.ca * 519-837-0974



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Kortright Hills Classifieds Continued!!



Community Room Available!!

Do you have an idea for an:
Event
Program
Social



that may interest others in the
Kortright Hills Neighbourhood?

Ask **KHNG** about using the community room!

Call Leone 519.837.0974 or e-mail: khng@bellnet.ca

Contact KHNG:

www.khng.ca * khng@bellnet.ca * 519-837-0974

Community Teacher Needs Your Help!!

One of our community members, a teacher with the Upper Grand District School Board, has helped to launch a new program for Teen Parents. It operates out of the Shelldale Community Centre in the afternoons. Their mandate is to provide support to the Teen Parents as well as the opportunity to finish their high school diplomas.

There are several ways for you to contribute to this worthwhile initiative such as:

- 1) Being a mentor who will meet on a periodic basis with the parents
- 2) As a community member who has the ability to donate either financially or with donations of clothes, toys, diapers, bottles etc.
- 3) As a community member who could offer their services pro bono (i.e. taxes etc.)

Thank-you in advance for your generosity and for helping to make a positive difference. Please contact Kim Durst at 519-831-3720 or kimberley.durst@ugdsb.on.ca

I believe the world is one big family, and we need to

HELP EACH OTHER.

Jet Li
www.jetli.com



We have poles
that don't lean



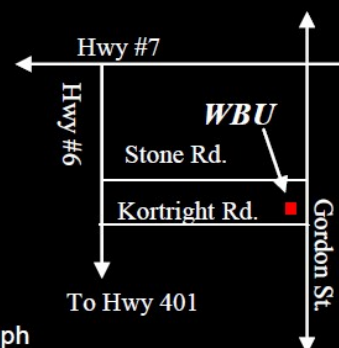
So unique
they have
a patent



Wild Birds Unlimited®
Nature Shop

Visit Us!

Wild Birds Unlimited®
951 Gordon St (@Kortright)
Guelph, Ontario
519-821-2473



guelph.wbu.com



wellbirds@bellnet.ca



www.facebook.com/wbuguelph

Personnel Safety Tips for Everyone:

At home

- Always keep your doors and windows locked. Install dead-bolt locks in all doors.
- Keep your home well lit at night inside and out, and keep your curtains closed at night.
- Install a peephole in your front door so you can see callers without opening the door.
- Ask for proper identification and the purpose of the visit from delivery people or strangers.
- Never let a stranger into your home. If a stranger asks to use your telephone, offer to place the call for him.
- Never give out information over the phone indicating that you are home alone or detailing when you will not be home.
- Hide your keys in a place that is not conspicuous.
- Install a wide-angle door viewer which permits you to see callers before you open the door.

Out and About

- Walk only in well-lit areas.
- Do not burden yourself with packages or a bulky purse.
- Never display large sums of money in public.
- Walk near curbs and away from alleys and doorways.
- Avoid walking alone at night.

In the Car

- Always lock your car immediately on entering or leaving it.
- If a stranger stops to offer help, do not get out of your car. Ask the stranger to call a service truck for you.
- If you suspect someone is following you, drive to the nearest public place (gas station, all-night restaurant) and blow your horn.
- Park in well lit areas.
- When you return to your car, always check the front and back seat before you get in.
- Never pick up hitchhikers.
- Avoid driving and parking in isolated areas.
- Keep your gas tank full and your engine properly maintained to avoid breakdowns. If you have car trouble, raise the hood, lock yourself in and wait for the police.



"creating a village in the city"

**GUELPH
POLICE
SERVICE
PRIDE
SERVICE
TRUST**

**COLOUR
ME!!**



Seasonal Safety Tips

January

Let's start the New Year off right. Please drive for the weather conditions that are present. Slow down and arrive alive.

February

Clean the snow and ice off your windows and mirrors to enable a clear view in every direction while you drive.

March

There will be melting snow and ice around rivers and lakes beginning this month. Please stay clear of the banks of fast moving rivers and ice surfaces on rivers and lakes.



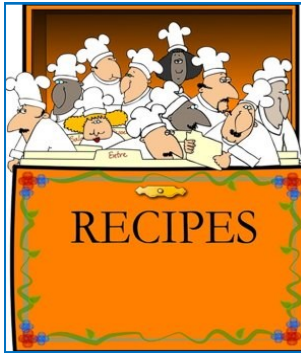
Firefighter

Other tips can be found on the Guelph Police Services website:
<http://www.guelphpolice.com>

Kortright Hills

Recipe

Corner!!



"creating a village in the city"

Baked Kale Chips

Ingredients:

- 1 bunch kale
- 1 tablespoon olive oil
- 1 teaspoon seasoned salt

Directions

Preheat an oven to 350 degrees F (175 degrees C). Line a non insulated cookie sheet with parchment paper.

With a knife or kitchen shears carefully remove the leaves from the thick stems and tear into bite size pieces. Wash and thoroughly dry kale with a salad spinner. Drizzle kale with olive oil and sprinkle with seasoning salt.

Bake until the edges brown but are not burnt, 10 to 15 minutes.

Enjoy!!



Winter Fruit Salad with Lemon Poppyseed Dressing

Ingredients:

- 1/2 cup white sugar
- 1/2 cup lemon juice
- 2 teaspoons diced onion
- 1/2 teaspoon salt
- 2/3 cup vegetable oil
- 1 teaspoon Dijon-style prepared mustard
- 1 tablespoon poppy seeds
- 1 head romaine lettuce, torn into bite-size pieces
- 4 ounces shredded Swiss cheese
- 1 cup cashews
- 1/4 cup dried cranberries
- 1 apple - peeled, cored and diced
- 1 pear - peeled, cored and sliced



Directions:

In a blender or food processor, combine sugar, lemon juice, onion, mustard, and salt. Process until well blended. With machine still running, add oil in a slow, steady stream until mixture is thick and smooth. Add poppy seeds and process just a few seconds more to mix.

In a large serving bowl, toss together the romaine lettuce, shredded Swiss cheese, cashews, dried cranberries, apple and pear. Pour dressing over salad just before serving and toss to coat.

"Always start out with a larger pot than what you think you need."
— Julia Child



Butternut Squash Pizzas with Rosemary

Ingredients:

- | | |
|-----------------------------------|--|
| 1 cup thinly sliced onion | 1/2 butternut squash - peeled, seeded, and thinly sliced |
| 1 teaspoon chopped fresh rosemary | salt and black pepper to taste |
| 3 tablespoons olive oil, divided | 1 (16 ounce) package refrigerated pizza crust dough, divided |
| 1 tablespoon cornmeal | 2 tablespoons grated Asiago or Parmesan cheese |

Directions:

Preheat oven to 400 degrees F (205 degrees C). Place sliced onion and squash in a roasting pan. Sprinkle with rosemary, salt, pepper, and 2 tablespoons of the olive oil; toss to coat.

Bake in the preheated oven for 20 minutes, or until onions are lightly browned and squash is tender; set aside.

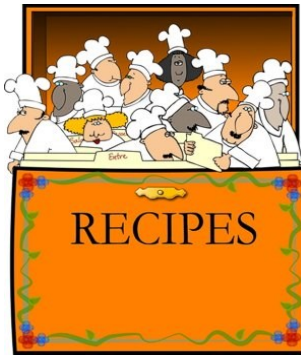
Increase oven temperature to 450 degrees F (230 degrees C). On a floured surface, roll each ball of dough into an 8 inch round. Place the rounds on a baking sheet sprinkled with cornmeal (you may need 2 baking sheets depending on their size). Distribute squash mixture over the two rounds and continue baking for 10 minutes, checking occasionally, or until the crust is firm. Sprinkle with cheese and remaining tablespoon olive oil. Cut into quarters, and serve.



Kortright Hills

Recipe

Corner!!



Pumpkin Fudge

Ingredients:

2 tablespoons butter
2 1/2 cups white sugar
2/3 cup evaporated milk
1 cup white chocolate chips
7 ounces marshmallow crème
3/4 cup canned pumpkin
1 teaspoon ground cinnamon
1 teaspoon vanilla extract



Directions:

Line a 9x9 inch pan with aluminum foil and set aside.

In a 3 quart saucepan, heat milk and sugar over medium heat. Bring to a boil, stirring occasionally with a wooden spoon.

Mix in pumpkin puree and cinnamon; bring back to a boil. Stir in marshmallow crème and butter. Bring to a rolling boil. Cook, stirring occasionally, for 18 minutes.

Remove from heat, and add white chocolate chips and vanilla. Stir until creamy and all chips are melted. Pour into prepared pan. Cool, remove from pan, and cut into squares. Store in a cool, dry place.

Hot Apple Cider

Ingredients:

6 cups apple cider
2 cinnamon sticks
6 whole allspice berries
1 lemon peel, cut into strips
1/4 cup real maple syrup
6 whole cloves
1 orange peel, cut into strips



Directions:

Pour the apple cider and maple syrup into a large stainless steel saucepan.

Place the cinnamon sticks, cloves, allspice berries, orange peel and lemon peel in the center of a washed square of cheesecloth; fold up the sides of the cheesecloth to enclose the bundle, then tie it up with a length of kitchen string. Drop the spice bundle into the cider mixture.

Place the saucepan over moderate heat for 5 to 10 minutes, or until the cider is very hot but not boiling.

Remove the cider from the heat. Discard the spice bundle. Ladle the cider into big cups or mugs, adding a fresh cinnamon stick to each serving if desired.

Orange Cranberry Drops

Ingredients:

1/2 cup white sugar
1/2 cup packed brown sugar
1/4 cup butter, softened
1 egg
3 tablespoons orange juice
1/2 teaspoon orange extract
1 teaspoon grated orange zest
1 1/2 cups all-purpose flour
1/2 teaspoon baking powder
1/4 teaspoon baking soda
1/4 teaspoon salt
1 cup dried cranberries



Directions:

Preheat oven to 375 degrees F (190 degrees C). Lightly grease cookie sheets, or line with parchment paper.

In a medium bowl, cream together the white sugar, brown sugar, and butter. Stir in the egg, orange juice, orange extract, and orange zest. Sift together the flour, baking powder, baking soda, and salt; mix into the orange mixture. Stir in the dried cranberries. Drop cookie dough by heaping teaspoonful, 2 inches apart, on the prepared cookie sheets.

Bake for 10 to 12 minutes, or until edges are starting to brown. Cool on baking sheets for 5 minutes, then remove to a wire rack to cool completely.

Apple, Cranberry and Pear Crisp

Ingredients:

2 Rome Beauty apples - peeled, cored and cubed
2 Comice pears - peeled, cored and cubed
1/2 cup dried cranberries
1 tablespoon all-purpose flour
2 tablespoons honey
1 1/2 tablespoons lemon juice
1/2 cup all-purpose flour
1/2 cup packed brown sugar
1/2 cup quick cooking oats
1/4 cup ground walnuts
1/2 cup butter



Directions:

Preheat oven to 375 degrees F (190 degrees C). Lightly grease an 8 inch baking dish.

Mix the apples, pears, cranberries, 1 tablespoon flour, honey, and lemon juice in the prepared dish.

In a bowl, mix 1/2 cup flour, brown sugar, oats, walnuts, and butter to the consistency of coarse crumbs. Sprinkle loosely over the fruit mixture.

Bake 45 minutes in the preheated oven, or until brown and crisp on top.